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# Research on the Inheritance Mechanism of Ethnic Minority's Folk Sports Culture in the Process of "Urbanization"

-Taking Generational Resident Ethnic Minorities in Liupanshui as an Instance

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#### ABSTRACT

From the perspective of "urbanization", this paper uses document literature, logical reasoning, field investigation and other research methods to carry out the scientific research on the inheritance mechanism of ethnic minority's folk sports culture in the process of "urbanization", discussing the concepts, correlations and inheritance mechanisms of "urbanization" and ethnic minority's folk sports culture. The purpose of this paper is to provide the theoretical and practical reference for the sustainable inheritance and development of ethnic minority's folk sports culture in China.

Keywords: "Urbanization"; Ethnic Minority's Folk Sports Culture; Inheritance Mechanism

With the development of the times, the progress of the society and the expanding trend of Chinese and Western cultural blended space, the "urbanization" process has played an increasingly important role in the construction of socialism with Chinese characteristics, and the inspiration has run through various fields of social development in China. Wherein, "urbanization" has also dominated the development of generational resident ethnic minority's folk sports culture in Liupanshui, which is specifically presented as the transformation of the ancient architectural symbols, the internal and external reforming of the "living-state culture" and so on. The emergence, development and integration of any new things have both positive and negative effects, and the dominance of "urbanization", the immature vitality factor of the development of the times, in ethnic minority's folk sports culture shows both effects as well. Then, the attitudes of the objective government management departments towards the positive effects of the vitality factor on ethnic minority's folk sports culture, carrying out the memory and inheritance of advantage factors and accelerating the improvement and innovation of negative factors to make "urbanization" play a dominant role in the transcendental inheritance mechanism of ethnic minority's folk sports culture should be the core proposition of the sustainable development of the national culture in China. Therefore, combined with the development overview of the national culture in Liupanshui, this paper uses the anthropological

Received: April 1, 2017; Reviesd: May 4, 2017; Accepted: May 10, 2017.

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research method to discuss the inheritance mechanism of ethnic minority's folk sports culture from the perspective of "urbanization". Meanwhile, it has crucial guiding and practical significances for implementing the ecological cultural spirit of 18th CPC National Congress and promoting the sustainable development of generational resident ethnic minority's folk sports culture in China.

### 1. Concept definition of "urbanization" and ethnic minority's folk sports culture

#### 1.1 "Urbanization"

To deeply understand the connotation of "urbanization", it is necessary to integrally and completely analyze the unique attributes of "urbanization" in the modern social space from the three levels of material life, spiritual life and living space. Specifically, the material life level should be grasped from the improvement and promotion of food, clothing, shelter, transportation and other human necessities; the spiritual life level should be interpreted from culture, pleasure and happiness indexes; the attributes of population should be specified from mutual migration and integration of the living space. Thus, the connotation of "urbanization" includes at least three major contents, namely the material level, the spiritual level and the spatial level. Based on this, "urbanization" refers to "the process of the constant migration of the rural population to the cities and towns, the gradual evolution of the rural production and lifestyle to the urban production and lifestyle and the continuous transformation and development of the rural civilization to the urban civilization."[1] Moreover, in the process of transformation and development, relying on politics, economy, culture and many other factors of the original living space, it is endowed with the important value of the times due to the changes in the social structure level.

### 1.2 Ethnic minority's folk sports culture

Ethnic minority's folk sports culture is a compound word as a whole, mainly consisting of five words, which are nationality, ethnic minorities, folk, sports and culture. In order to deeply understand the connotation of ethnic minority's folk sports, it is necessary to define each word of it. Nationality means "a stable community with common language, common territory and common economic life formed in the history by people who show the common psychological quality for common culture". "Ethnic minorities refer to the nationalities other than the nationality with the largest population in a multi-ethnic country. In China, compared with the Han nationality, the population of the other 55 nationalities is relatively small, so the nationalities other than the Han nationality are customarily referred to as 'ethnic minorities'".[2] Folk denotes "the broad middle-level and lower-level masses directly creating material wealth and spiritual wealth", [3] and this is the personal view based on the official opposition proposed by Zhong Jingwen. Culture indicates "the accustomed spiritual value and life style, and is a reflection of collective personality."[4] As a borrowed word, sports denote "playful physical activities as well as other social activities and social relations based on these physical activities, and they act on the person's own nature, leading to positive changes."[5] To sum up, in this paper, ethnic minority's folk sports culture is defined as an ethnic minority's folk sports cultural activity, which is separated from the Han nationality, spreads in ethnic minority groups and is shared and recognized by all national groups.

# 2. Correlations of "urbanization" and ethnic minority's folk sports culture

The core of the "urbanization" process is to improve the remaining ancient villages, the closed living-state cultural thinking and the labor productivity of ethnic minority villages through the urban construction planning, so that the production and life of the national areas are closer to the overall trend of the social development of China. As an ancient symbol with the long historical value and the modern cultural function in ethnic minority villages, ethnic minority's folk sports culture, which is inspired by the "urbanization" process, will inevitably be endowed with the equivalent relation of mutual contact and mutual supervision. The specific correlations are as follows. Firstly, the process of "urbanization" changes the solid-state space. The "urbanization" process transforms the solid-state space that ethnic minority's folk sports culture depends on, to make it gradually transform from the traditional civilization to the modern civilization, and the core points of the transformation are specifically represented as the transformation of production, lifestyles and ancient villages. Secondly, the process of "urbanization" changes the living-state space. The "urbanization" process transforms the livingstate space of ethnic minority's folk sports culture, and the transition points are mainly characterized by the transformation of cognitive view, value, aesthetic view and world view. Wherein, the transformation of cognitive view is particularly prominent. It mainly changes the national audience's previous cognition of ethnic minority's folk sports culture, religion, production, life and other traditional values, so that modern communication, entertainment, fitness and other diversified functions can be reflected. Thirdly, the process of "urbanization" determines the superstructure. Through expanding the previous traditional interpersonal inheritance and text transmission of ethnic minority's folk sports culture, the "urbanization" process takes the modern urbanization reform as the goal to vigorously develop the modern science and technology means, such as power, science and technology, education, medical care, network, etc., and rapidly promote the "power network informatization" in ethnic minority areas, so that ethnic minority's folk sports culture can be inherited by point-line-surface diversified channels. Ultimately, the common exchanges and integration of cultures of all ethnic minorities can be achieved.

### 3. Inheritance mechanisms of "urbanization" and ethnic minority's folk sports culture

# 3.1 The cognition of common sensory elements and the reconstruction of "ecological cultural spaces"

Any ethnic minority's folk sport is a reflection of the national culture. In order to deeply understand ethnic minority's folk sports culture, essentially and centrally conduct the construction of urbanization and make full use of "urbanization", the "double-edged sword", it is necessary to carry out the "living-state" cognition and respect of the sleeping common sensory elements of ethnic minority's folk sports culture, which means that the historical traditional symbol dependence within the morphological structure should be perceived and quantified through the diversity of the morphological structure of ethnic minority's folk sports culture itself. The specific contents mainly embody as the national spirit, emotion, history and tradition, wisdom and so on. These historical traditional symbols have both tangible and intangible characteristics. Tangible means that these historical traditional symbols result from the mutual reference and mutual integration of many cultural elements, while intangible is a kind of externalization of the comprehensive superiority effect of the result, such as the tribal society and social life of ancient times as well as the team awareness, competitive awareness and patriotism of modern society. Hence, in order to make these tangible and intangible common sensory elements of ethnic minority's folk sports culture obtain the "livingstate" memory and respect as well as maintain the original ecology in the process of the "urbanization" construction, "ecological cultural spaces" that ethnic minority's folk sports culture depends on must be maintained and reconstructed.

"Ecological cultural spaces" refer to a kind of modern

ecological cultural living environment with promoting national cultural characteristics as the main body, which highlights the national culture atmosphere and inherits the essence of the national culture. This kind of "ecological cultural spaces" has the functions of memorizing and inheriting traditions as well as connecting modern cultural symbols. At present, "ecological cultural spaces" of generational resident ethnic minority's folk sports culture in Liupanshui mainly include the cultural village space with national characteristics, the ancient village space, the square culture space, the national anaglyphic space and so on. "Ecological cultural spaces" of ethnic minority's folk sports culture in Liupanshui have become a "living name card" to enhance the city image, create the national cultural brand and show the national cultural characteristics. In the national regional environment of Liupanshui, this "living name card" always uses the tangible, intangible and invisible modes to carry out the inspiration of ethnic minority's folk sports culture atmosphere and the memory and sustainable inheritance of "living-state" culture for ethnic minority residents and foreign guests.

Ethnic minority's folk sports culture could survive and persist in "ecological cultural spaces", but numerous "ecological cultural spaces" are in a state of crisis due to the impact of the "urbanization" process and the changes in modern living-state thinking forms. Therefore, in order to achieve the sustainable development of ethnic minority's folk sports culture in "ecological cultural spaces", it is necessary to dominantly transform and reconstruct "ecological cultural spaces". The specific strategies are mainly expressed as the optimization of the objective conditions. According to the interview of the relevant persons from Pan County and Liuzhi Special Zone, it is seen that, at present, the factors restricting the development of ethnic minority's folk sports culture in national areas mainly include the inconvenient road transportation, the lack of field equipment facilities, the insufficient number of specialized talents, the simplistic organization management system and so on. Wherein, transportation and field facilities are called the core elements. In addition, in the empirical investigation of the field, it is found that the fulcrum established in "ecological cultural spaces" has the characteristics of long distance, small space and simplistic participation crowd. Thus, strengthening the optimization of objective conditions has an important promoting role in the inheritance and development of ethnic minority's folk sports culture.

3.2 Clarity of the truth and systematization of event attributes

There are 56 nationalities in China, and each of them

has formed the rich and meaningful national culture in the process of "urbanization". As a reflection of each national culture, ethnic minority's folk sports would also show the characteristics of diversity in the course of selfinterpretation. In order to truly carry out the sustainable development of anything in a particular era space, it is necessary to have the scientific, systematic and objective inheritance mechanism. In order to make diversified ethnic minority's folk sports culture survive and persist in the era space of today's "urbanization" process, it is supposed to set up the unique cultural inheritance mechanism as well.

Practice is the sole criterion for testing truth. The establishment of the inheritance mechanism of ethnic minority's folk sports culture must be based on the familiarity of its cultural connotation and development trend. In other words, through the on-the-spot investigation for the "living-state culture" of ethnic minority villages, it is necessary to deeply understand the overall development trend of ethnic minority's folk sports culture and pertinently carry out the discovery and arrangement of systematization of event attributes on the basis of clarity of the truth.

The so-called discovery and arrangement of systematization of event attributes refers to a sustainable development strategy of the systematic reforming through the classification of the attributes of the internal and external events of ethnic minority's folk sports culture. Before the discovery and arrangement of systematization of event attributes is conducted on ethnic minority's folk sports culture, it is supposed to first analyze the degree of cultural changes after the integration with modern elements, to see whether there is a phenomenon of departure from the modern elements and the original ecological culture, which can be specifically represented as the following points: firstly, after the integration with modern elements, ethnic minority's folk sports culture loses the original ecology and becomes the product conforming to the modern social development; secondly, maintaining the original national cultural characteristics, it loses the prerequisites for the development of the modern society; thirdly, with both modern and traditional national cultural concepts, the "living-state culture" is faced with the crisis awareness of old age and thinking stagnation.

In terms of the discovery and arrangement of systematization of event attributes, the inheritance of ethnic minority's folk sports culture can be carried out from the national level as well as the regional space of provinces, cities, localities and villages. When ethnic minority's folk sports culture appears in the form of the national level, the unique national cultural values and functions will be presented inevitably. Once ethnic minority's folk sports culture is described in the form of the regional space, it is suggested that the original ecology is good and should be maintained and inherited in the process of "urbanization".

The process of the formation of generational resident ethnic minority's folk sports culture in Liupanshui is the process of the interaction between society and nature, having the dual attributes of society and nature. The formation and development of anything has two sides, namely positive and negative effects. As the product of the interaction between society and nature, ethnic minority's folk sports culture inevitably has both positive and negative effects as well. The positive effects are all natural and social conditions that are conducive to the survival and development of ethnic minority's folk sports culture. In the process of "urbanization", there are tremendous changes in life attitude, livelihood method, village transformation, etc. in ethnic minority areas. The socalled negative effects refer to the adverse reactions that make the original ecological national elements replaced so as to undergo ecological qualitative changes in the living cultural environment of ethnic minority's folk sports culture in the process of transformation. Based on this, we should be based on clarity of the truth and adopt the strategies of mutual advantage complement. Meanwhile, the discovery and arrangement of systematization of event attributes should be conducted on generational resident ethnic minority's folk sports culture in Liupanshui. Specifically, concerning the negative effects of ethnic minority's folk sports culture, it is supposed to carry out the original ecological restoration; regarding the positive effects of ethnic minority's folk sports culture, on the basis of maintaining the original ecology, it is necessary to strengthen the docking with the value concept of modern competitive sports, promote the formation of modern cultural ecological space of ethnic minority's folk sports with triple attributes of sports, fitness and entertainment. Furthermore, in the process of the arrangement and discovery of systematization of event attributes, we should also highlight the regional cultural characteristics of generational resident ethnic minority's folk sports in Liupanshui and interact and integrate with globalization. 3.3 The "core power" – the point-line-surface scientific

## synthesis

Ethnic minority's folk sports culture is an important part of the national culture in China, embodying the social stability and harmony of the country in the specific period of time in different historical development periods. However, with the acceleration of the "urbanization" process, generational resident ethnic minority's folk sports culture in Liupanshui has gradually been assimilated by foreign culture and separated from the space of the development of the modern era. Therefore, as the core power of the development of the Chinese national culture, the government should comprehensively examine the current development trend of ethnic minority's folk sports culture and adopt the effective and targeted strategies of the era development to promote the point-line-surface sustainable inheritance and development of ethnic minority's folk sports culture. The specific strategies of the era development are mainly as follows:

Firstly, in the space of the development of both traditional and modern social attributes, in order to make ethnic minority's folk sports culture become the core of the Chinese national culture and make it effectively inherited and developed, the traditional social attributes must be taken as the main body, and it is supposed to effectively connect the modern social attributes with the help of the relevant government departments. For instance, on the theatrical performance stage of the Gelao people's "Eating New Grain" Festival, the ancient traditional cultural symbols are taken as the stage background, and in the center of the stage, two Gelao girls in modern costumes hold the microphones and sing the popular modern songs, doing ethnic minority's folk sports dance with the national characteristics. This fully reflects the gradual integration and harmony of traditional and modern social attributes of ethnic minority's culture in national areas, and also indicates the dominance of the government in promoting the development of the national culture in national areas. In other words, in various theatrical performances in national areas, taking financial expenditure as the means, the government should carry out the financial and material assistance in various activities of ethnic minority's folk sports culture as well as the discovery and arrangement in national areas, and the various fees of ethnic minority's cultural development in national areas should be brought into the financial expenditure scope of State Ethnic Affairs Commission.

Secondly, as the accumulation of the national cultural heritage in China, ethnic minority's folk sports culture is not only influenced by Confucianism, Taoism, Buddhism and other traditional cultural thoughts but also closely related to traditional Chinese studies, sociology, culture, religion, folklore and so on. Based on this, in order to carry out the morphological reforming as well as the point-line-surface expanding of the profound and complex generational resident ethnic minority's folk sports culture in Liupanshui, it is necessary for the government to establish the scientific organizations of the national folk sports culture. Meanwhile, inheritance concept should be taken as the core idea, and the innovative human resource structures with high knowledge, high skills, high responsibility and high capability, which conform to the development of "urbanization", should be cultivated.

Thirdly, generational resident ethnic minority's folk sports culture in Liupanshui has the profound mass foundation in the course of the formation. "Coming from mass and going to mass" is the fundamental basis for various authority departments to study ethnic minority's folk sports culture. Hence, the party and government organizations should also go deep into the mass in national areas and understand the details through the on-the-spot field investigation. Moreover, the corresponding policy support, such as preferential policies, media publicity and report, etc., should be carried out pertinently, so as to construct the cooperation mechanisms of ethnic minority's folk sports culture and modern educational space, national fitness, tourism resource development and so on.

Fourthly, at present, the types of protection measures of generational resident ethnic minority's folk sports culture in Liupanshui mainly include government support, theatrical performance, competition interaction, cultural industry, film and TV media, etc.. In many cultural protection measures, the type of government support is dominant. To be specific, in addition to providing financial support for the development of ethnic minority's folk sports culture, the government also sets up legislative protection to regulate the various types of intangible folk behaviors of ethnic minority's folk sports culture, so that ethnic minority's folk sports culture in national areas could have laws to abide by and rely on laws to inherit within the tangible protection scope.

#### 4. Conclusions

With the vigorous advancement of the ecological civilization construction of the spirit of 18th CPC National Congress, the studies of generational resident ethnic minority's folk sports culture in Liupanshui have been conducted prosperously in China, so as to provide the important theoretical and practical reference for the inheritance and development of ethnic minority's folk sports culture. However, inspired by the process of "urbanization", the research on ethnic minority's folk sports culture has shown the phenomenon of the national cultural distortion. Therefore, in order to truly treat ethnic minority's folk sports culture, it is necessary to take the scientific outlook on development and the spirit of 18th CPC National Congress as the guidance to carry out the scientific selection of the inheritance paths of ethnic minority's folk sports culture in the process of "urbanization", so as to realize the sustainable development of the national sports ecological culture.

#### Acknowledgement

This paper is supported by the following fund projects: Governor's Special Fund for Excellent Talents of Technology Education in Guizhou Province (No. 115 of Special Cooperation Fund of Guizhou Province [2010]); Planned Project of Humanities and Social Sciences of Education Department of Guizhou Province (10GH43); Support Program for Excellent Scientific and Technological Innovative Talents in Universities of Guizhou Province (No. 100 of KY Educational Cooperation Fund of Guizhou Province [2012]); National Traditional Sports Innovation Team of Liupanshui Normal College (LPSSYKJTD201502); School-level Fund Project of Liupanshui Normal College (LPSSYCXY201503).

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